

# Continuity News

S U M M E R 2 0 2 4

## Message from the Office

According to the calendar, it's officially summer and what a mixed bag of weather we have had here in Manitoba. If it isn't raining then it's windy. I am hoping that Mother Nature will bring us lots of warm sunny days with a gentle breeze to keep us refreshed and the mosquitoes away.

It's been a busy Spring here at the Continuity Care office. We have had a change in staffing with Jayda Taylor leaving her position as Member Support & Outreach Facilitator in late April. It took some time to recruit the right person, but we have now hired Jullie Nguyen who started with us on June 18<sup>th</sup>. Jullie is getting acquainted with her role and our organization and will be starting to meet our members in the coming months. Please help us in giving her a warm welcome to Continuity Care.

We are happy to share that our website has some new features, including online payment options and a new members portal. If you are a current member, you may have received an email from us asking you to set up your account. There has been some confusion and hiccups with the new changes and we apologize for that. If you have questions or need assistance with anything website related, please reach out to Patti at our office.

Our groups, workshops and board meetings will be taking a break over the summer months and will resume again in September. We will be using this time to take some time off for vacation. Not to worry, the office will remain open over the summer and one of our staff will be here to assist you.

We hope to see you at our AGM on September 4<sup>th</sup>. We are working on the details and will be sending out more information soon, but in the meantime, please SAVE THE DATE on your calendar.

Wishing you a warm and relaxing summer.

Suzanne Swanton – Executive Director

**Gone Camping!**



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## SAVE THE DATE

Continuity Care's Annual General Meeting

**Wednesday, September 4, 2024**

**6:00— 8:00 PM**

*stay tuned for more details...*



## Introduction from our new Member Support & Outreach Facilitator

Hi everyone! I'm Jullie Nguyen (you can pronounce Nguyen like "wing"), currently serving as the Member Support & Outreach Facilitator at Continuity Care. My journey back to this sector after maternity leave was driven by both my educational background and personal experiences with a family member with special needs. I'm eager to collaborate with you all in achieving our shared goals.

With 6 years in the disability sector, I've gained valuable insights from roles at organizations like Shalom Residences and Winnserv Inc., as well as through practicum experiences with WASO, SCE Lifeworks, and the Winnipeg School Division. These diverse roles—from support worker, program facilitator, residential supervisor, and life coach—have equipped me to apply theoretical knowledge to practical settings.

I hold a diploma in Disability & Community Supports from Red River College and a degree in Health Sciences with a specialization in Aging & Developmental Health from the University of Manitoba. I remain committed to lifelong learning.

Beyond work, I'm passionate about communication's transformative power and enjoy reading, writing, and gaming. I also have a love for cosplay and meeting new people. With that being said, I will be reaching out to you all in the coming months to get to know you. Please feel free to say hi to me, too! You can reach me at [Jullie@continuitycare.ca](mailto:Jullie@continuitycare.ca), or 204-979-6967.

## Did you know that July is Disability Pride Month?

We are sharing information about this upcoming event hosted the Disability Pride Committee which is made up of a network of organizations. An event like no other, Celebrating People, **POWER TO THE PEOPLE!** This is a free event for all people with disabilities and allies. There will be a DJ, mix and mingle activities, 50/50 raffle tickets, as well as vendor booths.

Join us for a day of inclusive fun!  
**July 18, 12–3 pm, St. Vital Park,  
 Site 4**

For more info contact:  
[Stevie.Goller@newdirections.mb.ca](mailto:Stevie.Goller@newdirections.mb.ca)



## Update on the much anticipated Canada Disability Benefit

It has been one year since The Canada Disability Act (Bill C-22) received Royal Assent and became law (June 22, 2023) and the draft regulations were just released on June 29th. The new Canada Disability Benefit is anticipated to be available by July 2025 to 600,000 low income Canadians with disabilities, between the ages of 16 and 64.

Budget 2024 has provided funding for the new Canada Disability Benefit of \$6.1 billion over six years beginning in 2024-2025, and \$1.4 billion per year ongoing, which includes the costs to deliver the program.

Although this sounds promising, the proposed design of the CDB is based on a maximum annual amount of \$2,400, which translates to approximately \$200 per month or about \$6 per day. This amount is well below what being promised and proposed and is not enough to address the financial needs of people with disabilities; many of whom are living below the poverty line.

It has also been proposed that the eligibility for this new benefit will be based on the existing Disability Tax Credit. The criteria for this benefit presents barriers and challenges and will leave many people with disabilities left out, which is an additional concern that advocates would like to see addressed.

For those seeking more details about the Canada Disability Benefit, information is available on the official Canadian Government website under the Employment and Social Development section. Interested individuals can visit [ESDC Programs and Policy Development] (<https://www.canada.ca/en/employment-social-development/programs/disabilities-benefits.html>)

Inclusion Canada is also a valuable source of information on this topic and their advocacy efforts. Here is a link to their most recent report <https://inclusioncanada.ca/wp-content/uploads/2024/06/CDB-Vision-and-Design.pdf>

If you wish to express your feedback and concerns regarding the proposed new Canada Disability Benefit, we recommend contacting your Member of Parliament. If you're unsure of your MP's contact information, you can find it at <https://www.ourcommons.ca/members/en/search>.

Additionally, you can provide comments directly on the Government of Canada's website through the open comment section available at <https://canadagazette.gc.ca/rp-pr/p1/2024/2024-06-29/html/reg2-eng.html>.

### **The Community Based Assisted Decision Making Pilot Project's Coming Events**

The 120 Maryland Group partners will be travelling to the Northern region of the province and hosting the following events:

**July 13th** in The Pas: 2-4:00 OR 7-9pm at The Pas Friendship Centre (81 Edwards Ave.)

**July 14th** in Flin Flon: 2-4pm OR 7-9pm at the Flin Flon Friendship Centre (57 Church St.)

**July 15th** in Thompson: 2-4pm OR 7-9pm at the Best Western Thompson (205 Mystery Lake Rd)

Please visit our projects website for more information <https://120marylandgroup.org/>



20 people attended a breezy, relaxing Saturday night enjoying munchies and watching the Winnipeg Goldeyes breeze past the Sioux City Explorers 7-1! One of our younger members, 4 year old, Jackson, was able to score a game ball from the Goldeyes bat catcher! A good time was had by all!



## Family and Friends – Visit the Zoo!



Family and Friends Group recently went to visit the animals at the Assiniboine Zoo. Two groups went out; the first group on May 26th and the second on June 2nd. On May 26th, Ray and his group enjoyed themselves. What stood out was the special exhibit which had a sloth, a blue-tongued skunk, some snakes and other neat things. The group all agreed, it was really worth it!

The 2nd group went on the following Sunday, and enjoyed all the animals that were out. We especially enjoyed watching the polar bears playing in

the open fields in their enclosure, and the seals inside the building entertained everyone with their swirling dives up and down and in circles. Snacks were enjoyed at both outings when each group took a short break during their zoo visit. A special thanks to the Johnston Group and Assiniboine Park Conservancy for providing zoo passes to the Family and



Assiniboine Park Conservancy

## Family & Friends Group Picnic

**Saturday, July 6, 2024**

5:00—8:00 pm

St. Vital Park

Picnic Shelter: Aspen

(FFG Signage will be in the park)

**RSVP** 204.396.5678 or 204.256.1557  
giselarunge300@hotmail.com



**We invite you to become a Continuity Care member**

**One-year membership \$25**

**One-year agency membership \$50**

**Lifetime membership \$250**

**Have you thought of a making a legacy gift as part of your will?**

**Continuity Care Inc.**

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