

Continuity News

Spring 2024

11th Annual Mike Keane Hockey Classic

On April 10th and 11th, 2024, the 11th Annual Mike Keane Classic was held at the Hockey For All complex in Winnipeg. This year's event was in honor of Rick Rypien, #11 from the Manitoba Moose, whose life ended much too soon. This is who Project 11 is named for and is one of the valuable programs offered by the True North Youth Foundation that provides a mental health curriculum for children and youth in schools across Manitoba. The proceeds from the Mike Keane Classic help to fund programs, such as Project 11 and other initiatives under the TNYF, as well as Continuity Care.

A huge thank you to the 35 enthusiastic volunteers that came out to assist with a variety of roles during the event. Thanks to Patti Makinson for all her hard work and time coordinating our volunteers and also assisting with other tasks as needed.

There were 12 NHL alumni who joined this year's event and were drafted by the 8 participating teams, according to their fundraising totals. Congratulations to Richardson Pioneers who were the top fundraising team this year. Frontiers North (owned by Merv Gunter – board member of Continuity Care) co-sponsored a team with Cardinal Capital. This team has been a part of the event for all 11 years and we would like to acknowledge their efforts and support for this event.

We premiered our new video at draft night, which is an opportunity for the players and pros to learn more about the charities and where their fundraising dollars are going towards. Thanks to Joey Forte from Brannek Video Productions for working with us to create this new video and to our Continuity Care members who are featured in it.

Inside This Issue

Message from the Office 2

Access 2 Program 2

Jayda's Farewell 3

Welcome New Board 3
Members

Family & Friends Group 4

Family Gathering 4
Brandon

We would like to thank Mike Keane, Dwayne Green, Sydney Parker and their team from the True North Youth Foundation, Erin Bauldic from Spark and all of the team sponsors, players and people who made donations in support of this event. We are sincerely grateful and appreciative to be a part of this event for the past 11 years. It is such a fun filled event and we look forward to it every year, as do our members and volunteers. Cheers to another successful event!





Happy Spring or is this just false Spring and there is a bit more winter left to come before we have real Spring? Either way, we have been able to enjoy some warmer than usual temperatures and those hazardous icy sidewalks and streets have finally melted.

March and April have been busy for us here at Continuity Care. It's our fiscal year end, budget planning and then our fundraising event was postponed to April. Our apologies for the late arrival of our Spring newsletter.

We are excited to share that we will be launching some new improvements to our website in the coming weeks which include an online payment option and a member account feature. Stay tuned for more details.

Also, we are pleased to announce that we have two new board members who are familiar faces to Continuity Care: Tania Douglas and Liz Allen. Their introductions are included in this edition of our newsletter.

We are sad to share that Jayda Taylor, our Member Support and Outreach Facilitator, will be leaving us at the end of April. But happy for her in that she is pursuing a dream and we hope to find a way to stay connected with her in the future. We are in the process of recruiting to fill this position and will keep you informed as to who will be joining our staff team.

As a partner of the 120 Maryland Group, we have been busy touring around the province and meeting with families and caregivers as part of the Community Based Assisted Decision Making project. For more information, please check out the project's website 120 Maryland and Facebook page

We hope you enjoy reading our Spring 2024 newsletter and hope to connect with you soon!

Suzanne Swanton – Executive Director

Access 2 Program

Do you enjoy going to movies, visiting a museum or an art gallery? Is the cost a concern?

Check out the Access 2 Card. This program is a partnership between Easter Seals and over 500

movie theatres, cultural attractions, entertainment venues, and

recreation facilities across Canada. Present the Access 2 Card at any

participating venue and your support staff gets in for free.

Follow this link to find out more about the Access 2

Program and how to apply.

https://easterseals.ca/en/access-2-card-program/?



Jayda's Farewell

Spring is a lovely reminder of how beautiful change can be, as I prepare to leave the position of Member Support and Outreach Facilitator I reflect on my time in the role with fond memories. How does one find the words to thank each of you for your part in my journey. It has been an absolute pleasure getting to know our members, some of you I have had the privilege or working alongside with closely while others I have met at workshops, groups, or events.

As I spent time getting to know people, answering questions, and providing resources it was apparent that our members all need something a little different. However, a common theme is woven in each member's story, this theme is absolute LOVE for your family member with a disAbility. It has been truly inspiring to hear stories of resilience, determination, advocacy, and down right grit! I know that there are many barriers people with disabilities face, these barriers can be so daunting but when people have families and supports around them who love them, these barriers don't seem as big and then can be overcome!

I leave with true appreciation for each person I encountered while working for Continuity Care, the stories shared, the struggles expressed, the determination to make the world a better place. Big thanks to each of you!

Welcome New Board Members Liz Allen & Tania Douglas

Liz Allen was born in Toronto but has lived in Winnipeg for the last 42 years. Liz is the oldest of
three girls and her youngest sister was born with Down Syndrome. Liz's parents were both
extraordinary strong community advocates. Liz's Father, Bob Manwaring was a founding member
and the first Executive Director of Continuity Care until his passing in 2005.

Liz has a financial and administrative background and has worked in the disability sector for the past 20 years. This includes working for Continuity Care from 2007 – 2012 as the Office Administrator and has continued to volunteer at the hockey tournaments and bingo events.

Liz is honoured to join the Continuity Care Board of Directors and looks forward to contributing to the progression of this incredibly beneficial organization for families.



Tania Douglas brings nearly 20 years of fundraising experience in the charitable sector, working with organizations such as the Children's Hospital Foundation, Inclusion Winnipeg, Mentoring Artists for Women's Art (MAWA) and Continuity Care.

Tania is currently the Director of Development at Manitoba Opera and pastpresident of the Association for Fundraising Professionals, Manitoba (AFP) Chapter and a session instructor for AFP's Fundamentals of Fundraising course.

An unofficial cheerleader for cultural events in our province, Tania is a volunteer, patron and supporter for many of Manitoba's year-round festivals and volunteer for "The Tree Huggers", West End Cultural Centre, and a unit leader with the Embers (age 7 & 8) branch of Girl Guides.

Family & Friends Group (formerly Baby Boomer Café)

The year 2024 for Family and Friends Group kicked off with a winter potluck on January 27th and a fun spring potluck on April 13th. Over 40 participants attended each event. Our events were held at Kildonan Community Church where we have a beautiful cafe environment and access to the kitchen and plenty of common areas. This allows us to put on top notch events with hot meals and space to set up game zones. Some of our activities are: board games, bean bag toss, candle ceremony, sharing circle and lots of singing!

Our sharing circle gives everyone a time to share some exciting news such as sharing holidays attended or coming up.

Our meals are always special with such a variety of delicious dishes brought by everyone attending. Recently we also had a fabulous chocolate cake that Max brought us.

We always love to see new people join us and a huge thank you to new comers Dennis and Nubia and son Julian, Allison, and Special O bowling coach Lynda. We hope to see them at future events.

Family and Friends events are run by Max, Albert, Ray, Nancy and Gisela.

If you haven't been to an FFG event yet, come out to our next one to be held on July 6th at St. Vital Park. More details to follow.

Thanks,

Gisela





Continuity Care member Mix N' Mingle May 3, 2024 6:30-9:00pm One-year membership \$25 **Event Date**

One-year agency membership \$50 Lifetime membership \$250 Leave a Legacy

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May 4, 2024 9:00 am to 4:30 pm





