

The 120 Maryland Group invites you to join us to talk about <u>Support</u> <u>Networks and Assisted Decision Making</u>. This **FREE** opportunity is open to all parents/\*unpaid caregivers who have a loved one living with an intellectual or developmental disability or autism and is for families at **ALL** ages and stages of life. Refreshments will be provided!. If requested a ZOOM option will be available.

Please indicate when registering if you require a ZOOM link

Come out and connect with other caregivers and learn how taking intentional steps to build new, and strengthen existing relationships can help build the foundation for your family member in developing a support network and how that can assist with making decisions.

## Monday, February 12th 7:00 - 9:00 PM 120 Maryland Street Winnipeg, Mb

Please RSVP to info@continuitycare.ca or 204-779-1679 by February 10th





www.120marylandgroup.org

\*foster care or home share providers are welcome