

## The Sibling Experience

## **Their Important Role in the Family**

We have invited 4 of our Continuity Care members to be a part of a panel discussion about their experience as a sibling of a brother or sister with a disability. This will be an informal conversation about roles and responsibilities, gifts and challenges, life lessons they have learned and their perspectives about this unique relationship. As siblings, we know that you wear multiple hats and may feel isolated at times. Come out and join other siblings so that you don't feel so alone in your journey.

Tuesday, September 26, 2023 7:00—9:00 p.m.

In-person at 120 Maryland,
Zoom Conferencing or Teleconferencing

Non-Members: \$10 | Members: Free 1-Year Membership: \$25 | Lifetime Membership: \$250

For more information and to register, please contact our office at (204) 779-1679 or info@continuitycare.ca

After registration, we will email the instructions to join Zoom or teleconference & presentation materials on the day of the workshop.

No long distance fees with teleconference