



# Continuity Care Inc.

**In-person  
meeting  
option**

## Parent Support Group

*Facilitated by: Suzanne Swanton, Executive Director &  
Jayda Taylor, Member Support & Outreach Facilitator*

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The focus of our parent support groups are for parents (and caregivers) of a child or family member with an intellectual disability. It's an opportunity for parents who have children of all ages and stages to come together and share their stories and experiences. Please call or email the office to register.

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**Thursday, January 19th,  
February 16th & March 16th, 2023**

**10:00 a.m.—12:00 p.m.**

**This group meets on the 3rd Thursday of each month**

1-Year Membership: \$25 | Lifetime Membership: \$250

For more information and to register, please contact our office at  
(204) 779-1679 or [info@continuitycare.ca](mailto:info@continuitycare.ca)

**When you register, Please indicate whether you will join us  
in-person or Zoom Video Conference**