

## An Evening Just for Adult Siblings (Age 31+)

Presented by: Suzanne Swanton, Executive Director & Jayda Taylor, Member Support & Outreach Facilitator

This group opportunity is intended for adult siblings (age 31 and older) who have a brother or sister with an intellectual disability, to get together to share their stories and experiences; identify the specific issues and challenges that they are facing; to strategize as to what resources and supports can be accessed and developed and to create an opportunity for adult siblings to make some connections.

## Thursday, March 9, 2023

## 7:00–9:00 p.m.

In-person or Zoom Conferencing

## Free to join!

For more information and to register, please contact our office at (204) 779-1679 or info@continuitycare.ca After registration, we will email you the instructions to join the Zoom meeting on the day of the meeting