

## Spring 2021

# Bulletin

## Workshops

<u>Let's Learn About Henson Trusts</u> <u>Workshop</u> Tuesday, May 11, 2021; 7:00 - 9:00 p.m. Presented by: John Poyser and Krista Clendenning—lawyers from Tradition Law

Henson trusts, also known as discretionary trusts are a useful tool for Will and Estate Planning when you have a family member with a disability. John and Krista will provide an

| LOCATION   | Zoom Conferencing or Teleconference  |
|--|--|
| REGISTRATION   | To register, please contact us at (204) 779-1679 or info@continuitycare.ca   |
| COST   | Non-members: \$10 (per family)<br>Continuity Care members: FREE<br>One-year membership \$25<br>Agency membership \$50<br>Lifetime membership \$250 |
| All workshapp by Zoom Conferencing or Telesenference |  |

All workshops by Zoom Conferencing or Teleconference No long distance fees apply

overview of what this type of trust is and why it's benefical; how to set up properly as part of your will; the role and responsibilities of the trustee; taxation; how it relates to other disability benefits and programs and more. The last hour will be set aside for a questions and answers. It would be helpful if you can provide your questions in advance.

### Let's Learn About Employment & Income Assistance (EIA) Disability Trust Workshop

Thursday, June 3, 2021; 7:00 - 9:00 p.m. Presented by: Vincent Villanueva, Program & Practice Specialist with EIA

The EIA Disability Trust is a type of savings account that a person with a disability is able to set up without it affecting their EIA benefits. Vincent will provide an overview of this type of trust/account; how to set one up; what amounts and sources are permitted; what the money can be spent on; reporting requirements and much more. The last hour of the workshop will be reserved for a question and answer period. It would be helpful if you can provide your questions to us in advance.

### Groups

### **New!** Continuity Care Facebook Group for Families

We are creating a new Facebook group for families called "Continuity Care Families" which will be a closed/private group, by invitation only. The purpose of this group is to create an online, virtual group experience that families can join when you are available and it's convenient for you. It will be a place to share questions, share ideas and resources, have

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## **Groups**-Continued

### **New!** Continuity Care Facebook Group for Families – Continued

discussions on topics of interest and is a way to help create connections among families for additional support.

If you would like to be added to our group, please follow this link:

https://www.facebook.com/groups/808812110032435/ and click "join".

### An Evening Just for Adult Siblings\*

Monday, May 3, 2021 7:00pm-9:00pm

Please register: (204) 779-1679 or info@continuitycare.ca

This group opportunity is intended for adult siblings (age 18 and older) who have a brother or sister with an intellectual disability, to get together to share their stories and experiences; identify the specific issues and challenges that they are facing; to strategize as to what resources and supports can be accessed and developed and to create an opportunity for adult siblings to make some connections.

If you are interested in joining a new group specifically for adult siblings 18 - 25 years of age, please contact the office at 204-779-1679 or email <u>info@continuitycare.ca</u>

### Parent Support Group\*

The focus of our parent support groups are for parents (and caregivers) of a child or family member with an intellectual disability. It's an opportunity for parents who have children of all ages and stages to come together and share their stories and experiences.

**Daytime group:** Meets on the 3rd Thursday of each month from 10:00 a.m. - 12:00 p.m. **Meeting dates:** April 15, May 20 and June 17.

### New! Coffee & Connections\*

This will be a comfortable and casual space for you to connect and have conversation with other caregivers who have a child/family member with an intellectual disability. You are welcome to stay as long or as short as you'd like! **Meeting dates:** Tuesday, April 13 & 27, May 10 & 25 and June 8 & 22 from 7:00 - 9:00 p.m.

\*Call Office to receive the Zoom link or teleconference instructions.