

Continuity News

Summer 2018

Annual General Meeting



Continuity Care's 22nd Annual General Meeting took place on Tuesday, June 19th at 120 Maryland. The event was attended by 38 people; consisting of board members, lifetime and annual members and staff. The evening

began with a tasty meal from DeLuca's Catering and of course, a celebratory cake and fruit. Karen Leggat, Board President, chaired the Business Meeting, which included reports from the Family Advisory and Human Resources Committee. Merv Gunter, Treasurer, presented the financial report, with an update on our Endowment Fund and the importance of our continued partnerships with The Winnipeg Foundation and the True North Youth Foundation. Art Hock presented the slate of Officers and Directors for 2018-2019. Suzanne Swanton presented her Executive Directors report, beginning with a new video that was shown at this year's Mike Keane Celebrity Hockey Classic, featuring impact statements from some of our members.

challenges that she and her family have faced and overcome, special moments in her sister's life and some tips and lessons she has learned about advocating for a family member. It was evident how impactful her story was, as many in the room can relate to their own family's experiences. We are grateful for the continued connection to the Manwaring family as they are part of Continuity Care's story and we were honored to have Liz, Vanessa (and her two daughters), Joyce and Katherine in attendance.



Thanks to Patti, our Office Administrator, for her organization, preparation and planning, which helped to make our AGM a great success and a very enjoyable evening. Thanks as well to all of our members who attended and had the opportunity to mix and mingle.

Thanks also to Kendrick Printing for their prompt and efficient services in printing this year's Annual Report. A copy will be posted on our website and if you would like to receive a printed copy, please contact our office.

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Our guest speaker was Liz Allen, lifetime member and daughter of Bob Manwaring, who was one of Continuity Care's founding parents and our first Executive Director. Liz is also a former employee of Continuity Care. Liz shared her perspectives on Sibling Advocacy, including touching stories of the



A Message From Barrier Free Manitoba



There have been two really critical points in our ten-year struggle to advocate for accessibility rights in Manitoba. One of them is right now.

The first critical point was leading up to 2013 passage of the landmark Accessibility for Manitobans Act (AMA). The AMA makes the government responsible to ensure that significant progress toward full accessibility is achieved by 2023. The great promise of the AMA is for a decade of real progress toward creating a truly inclusive province that fully respects the human rights of persons with disabilities.

Today we have reached that second critical point in our struggle. Almost half way into this decade of progress, there is clear and growing evidence that the government's implementation of the AMA is falling well short of meeting this promise. All is not lost but major changes will be needed if the power, potential and promise of the AMA is to be realized.

It's time to speak truth to power. It's time to hold government to account. It's time to demand change.

Immediate action is required to get the AMA back on track. And changes are needed so that it does not fall off the tracks again.

Please join us in sending these messages to the persons with lead responsibilities to implement the Act (Minister Scott Fielding) and to the person government appointed to review the Act (Ms. Theresa Harvey Pruden).

For more information please visit Barrier Free Manitoba's website at:
<http://www.barrierfreemb.com/>

Family Advocacy Network (F.A.N.)



This group was formed by a small but dedicated group of families looking for opportunities to connect with families as a support and self-advocacy network. With the help of Inclusion Winnipeg, we had the opportunity to introduce the family group to the participants at the two provincial Family Gatherings. We are proud to say the group has grown steadily and have established a PATH to guide us. You will be hearing and seeing more of us and the invitation to join is always open. Everyone belongs. To find out more information please contact:

Gloria Woloshyn or Deb Roach at families.caregivers@gmail.com

Visit us on our Facebook page.

Launch Into Life!

The Launch Into Life! program was developed at The Ability Hub in Calgary, which is a center of information and innovation for adolescents, adults and families living with Autism Spectrum Disorder. Transitioning into adulthood and the community beyond high school can be challenging for individuals with Autism Spectrum Disorder and their families. Comprehensive transition planning can help to manage the challenges during this time and maximize the potential for each person to live a full and meaningful life.

The **Launch into Life!** Workshops help families to create an Individualized Transition Plan for their child and provide valuable information in each of the following five domains:

- Health and Well Being
- Education and Employment
- Communication and Social Relationships
- Independent Living Skills and Self-Advocacy
- Legal and Financial Issues

Continuity Care, together with Anne Kresta of Education Solutions Manitoba & Asperger Manitoba Inc., hosted this new workshop series at 120 Maryland on April 6th & 7th, 2018. This was the first time this program was being offered in Manitoba. Katelyn Lowe, PhD, RPsych and Chief Strategy Office at the Sinneave Family Foundation, came from Calgary to facilitate the workshops and we were pleased with the response, as eleven families participated in the two day event. We

broadened our target audience to include others living with intellectual and developmental disabilities; however, the majority of participants had daughters with ASD, which was an interesting demographic.

The feedback we received from the families who participated was positive and enthusiastic and we plan to do

some follow up with the group participants, and their sons and daughters, to ensure the goals and plans that they created continue to move forward. We also plan to host more Launch Into Life!

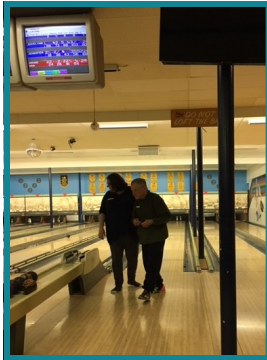
Workshops in the coming year, as four of us received training as facilitators and we have more families, teachers and professionals who have expressed interest in this program. For more information on Launch into Life, please visit

https://sinneavefoundation.org/sinneave_work_item/launch/



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Baby Boomer Café Heats Up The Lanes!



On Saturday, April 28th, the first ever Baby Boomer Café Spring Bowling Invitational Event was a fun and enjoyable evening. Fifteen people attended at Mosienko Lanes and eleven brave bowlers took turns striking out, be it gutter balls or actual bowling pins. Congrats to all bowler honourees:

Team Justine with her cast of Aline, Chelsey, Monique and international guest coach Suzanne. Team average score of 90!

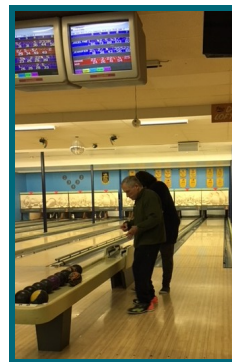
Team Jocelyne with Jennifer and Arnie. Team average score of 120!

Team Jason with Grace and Albert. Team average score of 99!

Thanks to Chef Sharon who prepared yummy snacks at intermission. Stay tuned for the next Baby Boomer Café Fall Bowling Fun Gala!

Cheers!

Albert



What's Happening!

BABY BOOMER POTLUCK BBQ



Birds Hill Provincial Park
Sunday, July 15, 2018
3:30 pm – 8:30 pm

Continuity Care's workshops and groups will be taking a break over the summer months and will resume in September 2018. Please watch for our Fall 2018 Newsletter

Have a fun, sunny, enjoyable, relaxing, adventurous and safe summer from the Continuity Care team!



We invite you to become a Continuity Care member

One-year membership \$25
One-year agency membership \$50
Lifetime membership \$250

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