



CONTINUITY NEWS FALL 2016

Supporting families in Manitoba to plan for an enriched quality of life for their family member with an intellectual disability

From the Office

The dog days of summer are coming to an end and Fall is on its way. There are signs already happening, like the geese flying overhead, the cooler nights, the leaves starting to change colors, and the hustle in the stores for Back to School shopping. The pace of life seems to get a little busier as we get back into regular routines and activities begin again. As with every change of season, there are mixed emotions and it takes a bit of time to adjust and adapt. It's just another one of life's transitions, but can be an opportunity for growth and change as well.

Here at Continuity Care, we are gearing up for our Fall workshop series and another year of our parent and sibling groups. Please read the enclosed bulletin for dates, times and topics. Our AGM and 20th Anniversary celebration is just around the corner. Invitations have been sent out and we hope that you will be able to join us. Please remember to RSVP by September 9th.

In June, we sent out a survey to everyone on our mailing list. Thank you to those of who have already responded. The return date was set for August 22nd, however, we will extend that to allow for more people to respond. If you haven't already done so, please take the time to complete and return it. If you did not receive a copy or had technical difficulties, please contact our office.

Membership renewals were also sent out in June. If you would like to purchase or renew your membership for the 2016-2017 year, please complete and submit the membership form to our office. If you aren't sure if your membership is current, give us a call and we can check for you. Your support as a member is greatly appreciated.

We are also updating our database and mailing list to ensure we have current contact information. If you have moved or changed your email address, please let us know. With the new Anti-Spam Legislation, we must also have your consent to be able to send you correspondence by email. We have lost touch with some people and organizations as a result of this process, therefore, are trying again to reach out.

Please stay tuned and keep in touch as there are some new changes coming to Continuity Care this Fall and we are excited to share them with you.

Wishing you all a Happy Fall!

Suzanne Swanton
Executive Director



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A friendly reminder of Continuity Care's

20th ANNIVERSARY Celebration & AGM

RSVP...

(204) 779-1679 or
info@continuitycare.ca
by **September 9th**

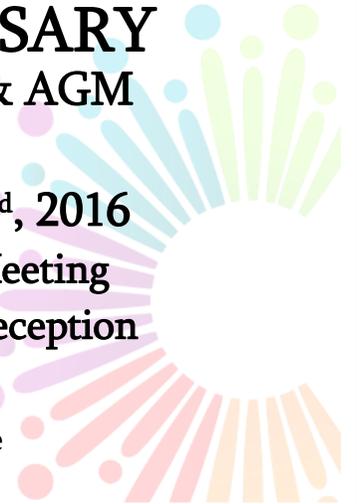
*We hope you will
be able to join us
for this very special
occasion!*

Thursday, September 22nd, 2016

6:30-7:00 pm Business Meeting

7:00-9:00 pm Cocktail Reception

Qualico Family Centre
330 Assiniboine Park Drive
Winnipeg, MB



Baby Boomer Café



On August 13th, the Baby Boomer Café had its 2016 Olympiad at beautiful Birds Hill Provincial Park. We tied a Café attendance record with 52 famous people attending throughout the afternoon and evening events, despite the ominous weather. In fact, 14 new Olympians participated in their very first Café Games! We were honored with Team Driscoll, who had a contingent of 8 athletes, many from out of town, who excelled in all the grass/field events. Special mention also goes out to a spirited team of Laura Schnellert, Dongming Yang, and Yizhe Fang, who had a very strong performance in the Olympic Scavenger Marathon Hunt.

Olympic flags from several countries could be seen, but none more prominent than the many Canadian flags streaming throughout Baby Boomer Café Stadium!! Every athlete received Olympic medals, trophies, wrist bands, and/or prizes for their determination, cooperative spirit, and excellent sportsmanship.

The Olympic Potluck Feast was a delightful and appetizing assortment of many delicious appetizers, salads, drinks, burgers, smokies, and desserts. Chef Sharon Yanofsky perfected the barbecue grilling. There was a special Olympic Closing Ceremony, full of much fanfare, an Olympic flag quiz, an Olympic Candle Lighting/Fireworks Display, an Olympic Torch Bonfire, and the spectacular Olympic Music, Song, and Dance Ensemble, conducted by the amazing musician, Sir Bob Hanley!

Thank you to everyone who came from all areas of Winnipeg, Canada and England, and for contributing so many yummy food dishes. The coordinators of the Summer Café, Mike Maunder and I, appreciate everyone's support and Olympic spirit in making this Olympic Café one of the most exciting, fun, and successful events ever.

Cheers,

Albert Yanofsky



What does an accessible Canada mean to you?

Be part of the conversation

News release from July 13, 2016 - Ottawa - Employment and Social Development Canada

The Government of Canada is leading a national consultation process to inform the development of legislation that will transform how the Government of Canada addresses accessibility. Starting today, Canadians can participate in the online component of this national consultation process and share their ideas on how to improve accessibility and the inclusion of Canadians with disabilities. Canadians are encouraged to participate in the online consultation by completing a questionnaire available in English, French, American Sign Language or Langue des signes québécoise and in their preferred format such as digital, handwritten, video or audio submissions. Canadians can provide their input online or by telephone, mail, email, fax and TTY.

The Government of Canada is seeking input to inform the development of this planned new legislation, including:

- feedback on the overall goal and approach;
- to whom it could apply;
- what accessibility issues and barriers it could address;
- how it could be monitored and enforced;
- and what else the Government of Canada could do to improve accessibility.

In-person consultations, including roundtable and public sessions, will start in September across Canada (in Winnipeg, Manitoba on Monday, Oct 3rd). Canadians are also encouraged to follow [@AccessibleGC](#) on Twitter, [Accessible Canada](#) on Facebook and to follow the hashtag #AccessibleCanada. The consultation process will run until February 2017.

The Government of Canada is committed to eliminating systemic barriers and delivering equality of opportunity to all Canadians living with disabilities and to ensuring all Canadians are able to participate equally in their communities and workplaces. This consultation is an important step in this direction.

For more information, you can visit the following website:

<http://www.esdc.gc.ca/en/consultations/disability/legislation/index.page> or contact by phone at 1-844-836-8126 TTY: 819-934-6649.



Did You Know?

The Office of the Vulnerable Persons Commissioner has moved to a new location. Their new address is:

315-258 Portage Avenue (near Garry Street)
Winnipeg, Manitoba R3C 0B6
Phone number: (204) 945-5039 or 1-800-757-9857
Fax number: (204) 948-3713
General email: vpco@gov.mb.ca

More information can be found on their website at
<http://www.gov.mb.ca/fs/vpco/>

We invite you to become a Continuity Care Member

One Year Membership \$25
One Year Agency Membership \$50
Lifetime Membership \$250

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Winnipeg, MB
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info@continuitycare.ca
www.continuitycare.ca

THE JOY OF WINNING A PRIZE

It is no secret that I love parties. My boyfriend Jeremy enjoys them too. Attending Continuity Care's Family Fun Night is one of our favourite events. With the support from staff we gladly attended the last one held in October and took in all the activities.

At the party we visited with cherished friends, enjoyed a tasty meal and played fun games. We viewed the amazing silent auction prizes and quickly headed to the ticket table and made a purchase. We decided that the two identical "Football" gift baskets were our favourites. Wouldn't it be fun to win one and go to a Blue Bomber game together! We put tickets in the bags of all prizes as they too had wonderful items, tickets and gift cards. Winning anyone of them would be a delight.



It was soon time for the draw and the room became silent as people listened for the ticket numbers. As a ticket was pulled for the first football prize basket, Jeremy and I had our fingers crossed. When the number matched one of Jeremy's tickets he shouted "Halleluiah" and excitedly went to get his prize. He was asked to draw the next ticket for the second football prize basket and upon hearing the number I realized it was one of mine. Jeremy had pulled my ticket! We were thrilled.

I needed wheelchair seating for the football game so Suzanne kindly contacted the ticket donor to make an exchange. No exchange was needed. She was told I could keep the tickets I won and that I would be given two more specifically for seating in an accessible section. Wow, a generous act and truly appreciated.

Jeremy and I attended the game along with friends and several others from the residential agency that provides support to us. It was a grand day. The Bombers unfortunately lost the game but Jeremy and I experienced the great joy of winning. It is a wonderful memory.

Thanks to all who contributed to this awesome experience and to Continuity Care for your support and ongoing efforts that truly make a difference in our lives. Hugs to all.

Karen Schnellert (with assistance from Mom)

Congratulations to Ryan Smoluk on his *Culture Shock* Art Exhibition

Winnipeg Artist, Ryan Smoluk, opened his first commercial art exhibit, *Culture Shock*, this summer (June 10 to July 23, 2016) at the Actual Gallery. The exhibit was curated by renowned artist, Diana Thorneycroft, who has been a mentor to Ryan since she taught him at the University of Manitoba art school in 2009. *Culture Shock* includes painting and sculptures which explore issues such as popular culture and the effects of technology on society.

Ryan's art exhibit received media coverage including a press release from the Actual Gallery on May 24th, a CBC news post on June 9th and an article in the Winnipeg Free Press on June 18th.

Ryan is an artist who lives with Autism and uses his experiences to influence his artwork. For more information about Ryan and his artwork, please check out his website at <http://ryansmoluk.ca/>.

**Congratulations to Ryan from Continuity Care and
we wish you continued success in your future endeavors!**

