

CONTINUITY CARE WORKSHOPS

FALL/WINTER 2016

Employment and Income Assistance (EIA) for Persons with Disabilities

Thursday, October 6th/16, 7:00-9:00 p.m.

by Richard Martin and Marcy Hrysió

The session will provide an overview about Manitoba's Employment and Income Assistance for Persons with Disabilities; including how to apply, benefits, reporting requirements and what are allowable assets.

Information will be provided about the EIA Disability Trust and the RDSP as savings tools for persons with disabilities.

Wills and Estate Planning

Wednesday, October 26th/16, 7:00-9:00 p.m.

By Daniel Watts B.A., B.F.A., LL.B. - from Aikins Law

This informative workshop provides a thorough overview of what is important to know when creating and updating your Will and Estate plan for a beneficiary with a disability. Daniel will address the topics of discretionary (Henson) trusts, the role of the trustee, Power of Attorney, Health Care Directives, Registered Disability Savings Plan and also provincial legislation including *The Employment and Income Assistance Act* and *The Vulnerable Persons Living with a Mental Disability Act*.

Telling Your Family's Members Story

Tuesday, November 22nd/16, 7:00-9:00 p.m.

By Suzanne Swanton and Jane Schledewitz

A life book or portfolio is a book that tells the story of a person's life that contains personal information, memories and photos. This hands-on workshop will help you to understand why it's important to create a life book and how it can be used to help others get to know the person and their history. We will share tips and creative ideas to help you to get started on a page for your own book. Please bring along some family photos.

Registered Disability Savings Plan

Thursday, December 8th/16, 7:00-9:00 p.m.

By Suzanne Swanton - Executive Director

The RDSP is a Federal Government plan that assists Canadians with disabilities and their families to save for the future. This workshop will provide current information about the RDSP, including an overview of the Canada Disability Savings Grants & Bonds, eligibility and perspectives from families that will assist you in deciding if this is the right plan for you.

ALL SESSIONS ABOVE WILL BE AVAILABLE VIA TELECONFERENCE FOR OUR MEMBERS WHO ARE NOT ABLE TO ATTEND IN PERSON. PLEASE CONTACT THE OFFICE TO MAKE ARRANGEMENTS.

LOCATION: All sessions will be held at 120 Maryland Street (at Westminster)

REGISTRATION: Please register in advance by calling 779-1679 to ensure there is space for everyone

COST: Non-members - \$10 (per family per workshop) Continuity Care Members – FREE

One Year Membership - \$25 Agency Membership—\$50 Lifetime Membership - \$250

SUPPORT GROUPS

PARENT SUPPORT GROUPS

The focus of our parent support groups are for parents (and caregivers) of a child with an intellectual disability. It's an opportunity for parents who have children of all ages and stages to come together and share their stories and experiences.

Daytime group: Meets on the 3rd Thursday of each month from 10:00 a.m. to noon at 120 Maryland in the main floor boardroom.

Meeting dates will be: Sept. 15th, Oct. 20th, Nov. 17th and Dec. 15th - *Holiday Potluck*

Evening group: Due to low/no attendance last year, this group will be on hold for the fall and winter 2016. If there is interest we will resume monthly meetings in January 2017. Please contact Suzanne at our office if you are interested in being a part of this group.

AN EVENING JUST FOR ADULT SIBLINGS

This group opportunity is intended for adult siblings (age 18 and older) who have a brother or sister with an intellectual disability, to get together to share their stories and experiences; identify the specific issues and challenges that they are facing; to strategize as to what resources and supports can be accessed and developed and to create an opportunity for adult siblings to make some connections. It will be facilitated by Suzanne Swanton.

The next meeting date will be Thursday, November 3rd, 2016 from 7:00 to 9:00pm at 120 Maryland

BABY BOOMER CAFÉ

The Baby Boomer Café is an opportunity for adult siblings and their brothers or sisters with a disability to spend time together. There are 3-4 Cafés planned each year and gatherings include musical entertainment, playing games, honoring the memories of past members, celebrating faith and family traditions and sharing a meal together. Our celebrations have a serious purpose as well. As our parents pass away, our siblings with a disability need relationships and friends more than ever. The Baby Boomer Café is a place where you and your sibling, other family members and special friends can build relationships and community. New members are warmly welcomed.

SAVE THE DATE: Baby Boomer Café holiday event - Saturday, December 3rd, 2016

(more details to follow at a later date)

Coming Events - Fall 2016

What's happening at St. Amant?

- 1) Free the Spirit Festival - Saturday, September 24th, 2016 10:00 - 2:00pm
- 2) St. Amant Leisure Guide - for individuals and families who are supported by St. Amant

For more information about these events, please contact St. Amant directly at (204) 256-4301 or visit their website at <https://stamant.ca/>

The Manitoba Down Syndrome Society has two upcoming events:

- 1) Walk with Us on Sunday, September 25th, 2016
- 2) See Me Beautiful Conference on Tuesday October 11th, 2016

For more information, please contact their office directly at (204)992-2731 or visit their website at <http://manitobadownsyndromesociety.com/>

The Cerebral Palsy Association of Manitoba is holding their Annual Picnic and BBQ on Saturday, September 17, 2016 from 11:30 to 2:30 at Crescentwood Community Centre. Please contact David at their office at (204) 982-4842 for more information.

The Autism Society of Manitoba is hosting a one day session with Mo Buti: "Advocate & Instructional Expert for People with Autism" on Monday, October 3rd, 2016 from 8:45-3:30 at the Viscount Gort Hotel. To register, please contact their office at (204)783-9563, info@autismmanitoba.com or visit their website at www.autismmanitoba.com